

Topricin Works

# How to Use Topricin®

Pain Relief and Healing Cream

for best results

Homeopathic

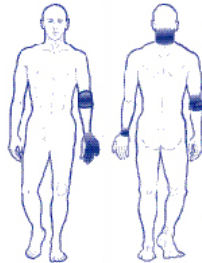
Patented for Neuropathy

Safe for Diabetics

Topricin® has been bringing superior, safe, effective pain relief to the Medical and Natural communities, their patients, customers and clients since 1994.

## Carpal Tunnel Syndrome (CTS):

Apply Topricin around the wrist including the palm of the hand, all the fingers and thumb. Massage medicine in until absorbed. Apply around the elbow, and the back of the neck. Massage in until absorbed.



- Apply 3 to 4 times a day or more often if needed.
- **Reapply before bed and in the morning.**

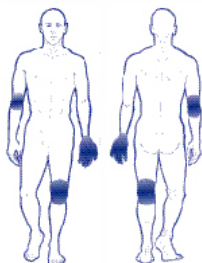
## Injury of Hand, Wrist and Fingers:

Wash & dry hands. Apply Topricin as you would a hand lotion, massaging all finger joints, the base of the thumb and the wrist. Massage in until absorbed. Reapply a small amount on the most painful areas and massage until absorbed.

## Arthritis Pain/Joint & Hand:

(neck, shoulders, back, wrist, hand, knee and fingers)

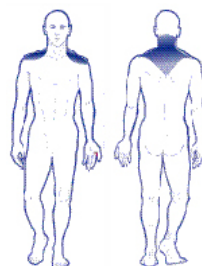
Apply Topricin around the entire joint and at least three inches above and below the joint. Massage in until absorbed. Reapply a small amount on the pain center and massage in until absorbed.



**Reapply before bed and in the morning.**

## Neck & Shoulder Pain/Bursitis:

Apply Topricin starting at the base of the skull then down the back of the neck to between the shoulder blades. Include the Trapezius (large muscles on top of the shoulders) to the shoulder joint. Massage in until absorbed. Reapply a small amount on the pain center and massage in until absorbed.



**Reapply before bed and in the morning.**

## Lower Back Pain/Sciatica:

Apply Topricin on the small of the back, just below the waist and down onto the buttocks and hips. Massage in until absorbed. Reapply a small amount on the pain center and massage in until absorbed.



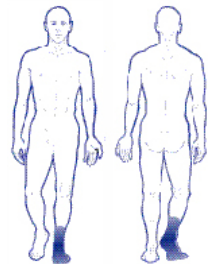
**Reapply before bed and in the morning.**

## Sports/Trauma Injuries:

(Ankle Sprain, Tennis/Golfer's Elbow, Muscle Pain, Impact Injuries, Dislocations and any other trauma injuries of the joints and muscles).

Apply immediately after injury. **Seek medical attention for injuries to the wrists or ankles or if swelling is severe.** Apply Topricin before and after workout or strenuous activity.

**Use Cold Therapy in the first 24-48 hours. Reapply before bed and in the morning.**



## Ankle Sprain & Heel Spurs:

Apply Topricin immediately around the ankle including the Achilles tendon on the back of the ankle and under the heel. Massage in until absorbed. Reapply a small amount on the pain center and massage in until absorbed. Use cold therapy in the first 24-48 hours.

**For ankle sprain seek immediate medical attention if pain or swelling is severe.**

## Muscle Spasm/Night Leg Cramps:

Apply Topricin immediately to the affected area. Massage medicine in until absorbed. For night leg cramps, apply Topricin on the joint behind the knee and down into the calf. Massage in until absorbed.

**Reapply before bed and in the morning.**

## Tennis/Golfer's Elbow/Tendonitis:

Apply Topricin immediately (see Arthritis Pain/Joint & Hand).

**Impact injuries (deep bruising of the muscles):** Apply Topricin and immediately use cold therapy.



## Dislocations (of the shoulder etc.):

Apply Topricin immediately. The medicine can help minimize inflammation, allowing a medical professional to help return affected joint to its normal function and position. **Physical therapy is an important therapy in dislocations. Reapply before bed and in the morning.**

*Building a Bridge Between Natural Medicines and Conventional Care.*

# Topricin® Drug Facts

## HOMEOPATHIC

### MEDICINES (HPUS) PURPOSES

Aesculus hippocastanum 6X.....	Relieves pain in the lower back, hip and spine
Arnica montana 6X.....	Treats pain of impact, falling injuries and contusion to muscles and joints
Belladonna 6X.....	Treats muscle spasms, night leg cramps
Crotalus horridus 8X.....	Relief of impact injuries and deep muscle bruising
Echinacea 6X.....	Relieves sharp stitching pain in joints and muscles
Graphites 6X.....	Relieves skin conditions
Heloderma 8X.....	Relief of burning pain in the hands and feet
Lachesis mutus 8X.....	Relief of sciatic pain and carpal tunnel
Naja tripudians 8X.....	Relieves nerve injury pain
Rhus toxicodendron 6X.....	Pain relief for muscle cramping, joint and post-surgical pain
Ruta graveolens 6X.....	Relief of injuries to the knee, shin and elbow

## WARNINGS

- Ask doctor or pharmacist before using if you are taking a prescription medication. Ask doctor or pharmacist before using if you are pregnant or nursing
- For external use only
- Do not apply in eyes
- Keep all medicines out of the reach of children
- **Use only as directed. See a doctor if pain persists for more than 3 days or worsens, if new symptoms occur, or if redness or swelling are present; these could be signs of a more serious condition.**

**INACTIVE INGREDIENTS** Purified Water with solvent-free Coconut Oil, Vegetable Glycerin, Medium Chain Triglyceride

## USES

Rapid, soothing relief of pain, stiffness, tingling or burning nerve pain associated with:

- Arthritis and other joint pain and discomfort
- Carpal Tunnel Syndrome and other compression neuropathies
- Fibromyalgia
- Pains and muscle cramps of the back, neck, shoulder, legs, hands & feet
- Sports injuries (muscle pulls & soreness, impact injury, sprains, dislocations)
- Repetitive motion injuries, such as bursitis, tendonitis and sciatica
- First aid for simple trauma (bug bites, bruises, minor burns, cuts, strains)

## DIRECTIONS FOR BEST RESULTS

- Generously apply 3 to 4 times daily or more if needed, 3 inches on and around affected area. **Massage in until absorbed, reapply before bedtime and in the morning.**
- Use before and after sports workouts and competitions.
- Apply immediately for acute trauma (sprain, strain, bruise, impact or crushing injury).
- **Seek immediate medical attention if pain or swelling is severe.**

- For directions specific to injury/trauma see anatomical body chart (opposite side) showing where on the body to apply Topricin for carpal tunnel, arthritis, joint pain, etc. Insert can also be found at: [www.Topricin.com](http://www.Topricin.com)

## CONSUMER INFORMATION/FAQ

- This homeopathic medicine is manufactured in the United States at the highest quality standards. Homeopathic medicines are safe, gentle and help the body heal.
- Safe for adults, elderly, diabetics, pregnant/nursing women, and children (for children under age 2 consult pediatrician).
- Will not interfere with any medication you may be taking.
- No odor or fragrance, no petroleum, no mineral oil, no lanolin, no capsaicin, no menthol, no parabens; non-greasy, non-staining.
- Store at room temperature, and tightly secure cap after use.
- If not completely satisfied, call 845-516-4546 to return within 60 days for a full and unconditional refund.
- **For severe injury always seek medical attention.**

## USEFUL GUIDELINES WHEN YOU SUFFER AN INJURY

For best results apply Topricin on the affected area immediately after the injury.

- **Cold Therapy** (ice or gel pack): elevate the affected area if possible. Wrap the ice or gel pack in a towel before applying to the affected area. Apply cold for no more than 20 minutes at a time for the first 24-36 hours after the injury. Apply Topricin after cold therapy.
- **Heat Therapy** (moist heat) is helpful for muscle spasms. Apply Topricin after heat therapy.

**Seek medical attention for injuries to the wrists or ankles or if swelling is severe.**

## HEALTH DISCLAIMER ~Because We Care About You~

Information found here is educational in nature and not intended as a substitute for professional healthcare. If you have or suspect you have a medical issue, be sure to consult your healthcare provider. Always let your healthcare professional know when you are considering any self-help treatment, especially if you are taking prescription drugs. Be sure to see your healthcare professional for any pain that has lasted more than 3 days. Consult a medical professional for a proper diagnosis if you think you are suffering from arthritis.

## FOR HEALTHCARE PROFESSIONALS

Topricin is a very effective adjunct treatment that can enhance the benefits of physical and occupational therapy, chiropractic, massage, etc. Use Topricin before and after the therapy session. Topricin can also be used with ultrasound (Phonophoresis). Contact Topical BioMedics for a Medical Tech Sheet with details and additional information about using Topricin for other medical applications.

## QUESTIONS OR COMMENTS?

**Topical BioMedics, Inc.**, a Research and Development company specializing in safe, natural topical medicines. If you have any questions or comments call us at:

**(845)516-4546** or write to us at:  
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NDC# 61500-5527-2  
U.S. PATENTS #5,795,573 and #7,871,647B1

